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contraindications and various techniques of therapeutic exercise  
including both general and specific exercise regimes with and without  
equipment 2 identify the equipment generally found in a physical  
therapy clinic and correctly demonstrate its use 3 ''therapeutic  
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science of exercise and techniques 3 range of motion for impaired  
movement 4 resistance exercise for impaired muscle performance 5  
aerobic exercise for impaired cardiopulmonary capacity 6 stretching  
for impaired connective tissue and muscle mobility 7 ''therapeutic  
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coordination and balance has been shown to improve or halt the  
progression of functional decline and are the mainstay treatments for  
ataxia the evidence has shown that balance training could improve the  
quality of walking as well as reduce the risk of falls''therapeutic  
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therapeutic exercise macro trauma micro trauma pain broad category of  
activities intended to improve a patient s one event that causes  
injury to tissue pain and tissue traum series of small forces that  
cause tissue injury overuse inju'

'exercise for impaired balance therapeutic exercise

May 27th, 2020 - base of support the bos is defined as the perimeter  
of the contact area between the body and its support surface foot  
placement alters the bos and changes a person s postural stability 106  
a wide stance such as is seen with many elderly individuals increases

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stability whereas a narrow base such as tandem stance or walking reduces it so long as a person maintains the cog within the

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segments against gravity to maintain or move the body cog within the  
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